

“You are the ONLY person that can make your
dreams and visions come true, so let’s work”
-Yanik Williams

The Vision and The Plan

Important Words

Potential: All that you can be but haven't become yet. All you can do but haven't done yet. (Dr. Cindy Trimm)

Potent: Having or wielding force, authority or influence. (www.merriam-webster.com)

You are going to start engaging your potential. Meaning, you are going to start the process of engaging and cultivating your full potential. Doesn't matter why you haven't or how difficult it may seem. EVERYONE has SOMETHING that they can be doing.

Answer the following questions.

1. How do you want to see your life play out?
What do you want? **Be BOLD! What do you daydream about?**

2. What is your **potential**? What are you capable of that you haven't done yet? (list here) **BE BOLD!!!!**

3. What's **possible**? (What's up for grabs?)

4. What would you like to obtain as a result of these possibilities? (What could manifest in your life as a result of you taking on this project).

Opportunities

1. What are my current opportunities? What are the challenges in your sphere of influence? Where could you bring about positive change?

2. How will you utilize your skills in order to exhaust these opportunities?

3. What will you **require** in exchange for your efforts? (fees, training, support, training, time, mentorship, etc)

Strategy

This is a key element. We need to determine what it is that may have stopped you from taking action in the past. Become aware of this because this pattern will come up again. For me, it's the "Am I good enough to do all of that?" That thought will trigger my disengagement.

1. What are the **recurring patterns/actions/thoughts** that have prevented you from taking action in the past?

2. How will you **disrupt** these patterns? (What will you tell yourself instead?)

3. When and how will you take **action**?

4. How will this become a part of your daily **routine**?

5. Is there anyone that you need to bring into the conversation. Is there anyone who is a vital component to moving forward with your plan (spouse, partner, colleagues, managers, friends, or family)

6. Calendar your goals and action items. (When will you finish the book, take the class, start the non-profit)

7. Schedule follow up days. What attitude will you have if you aren't on pace to hit your goal(s) ? How will you refocus and reorganize?

8. Is there someone experienced in this field that can give you advice/perspective? (When will you reach out to them)

9. Take action! What is the first step and when will you take it.

My List

(List all action items here)